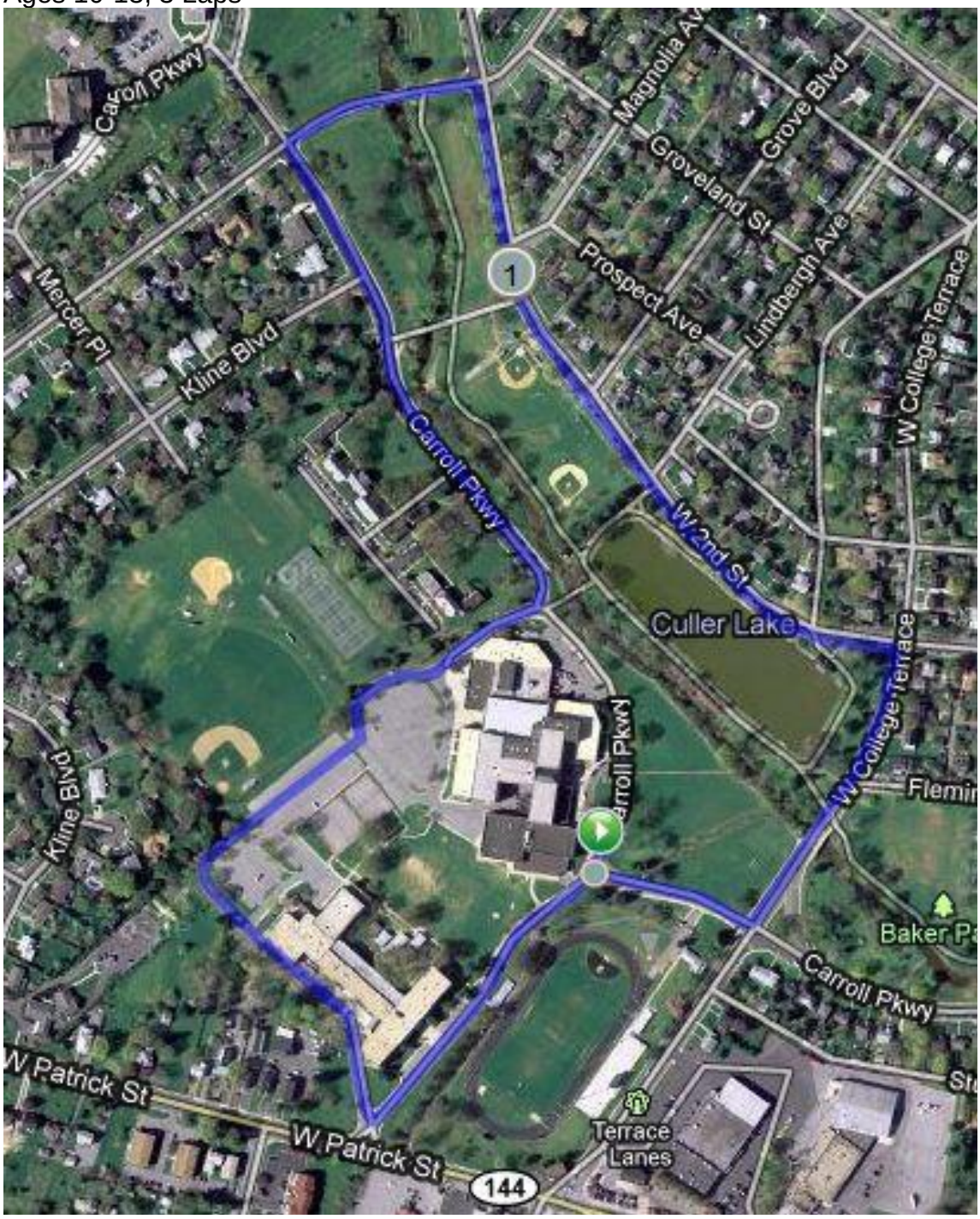
Frederick Kids Tri 2012 – Bike Course

Ages 6-9; 2 Laps

Ages 10-13; 3 Laps



- Exit swim onto circle driveway transition areas
- Bike towards middle school, curving right out of transition.
- Bike around back of both middle and high schools to Carroll Parkway.
- Turn left onto Carroll Parkway
- Turn Right onto Fairview,
- Turn right onto West 2nd Street. Say in coned chute near curb.
- Turn right onto West College Parkway
- Turn right into High School