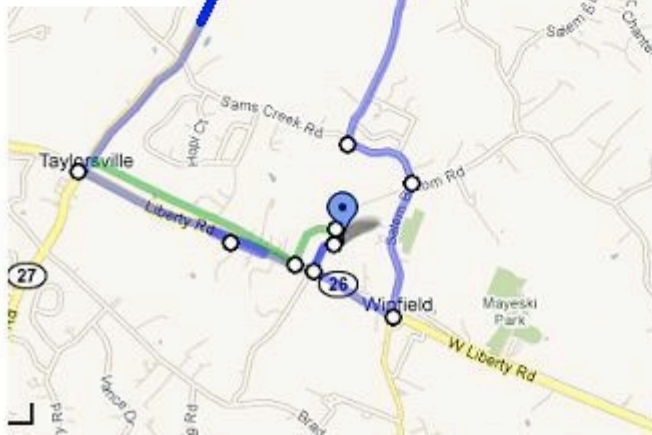


2012
South Carroll
TRI-TO
"WIN-THE-
FIGHT" Sprint
Triathlon



Blue = 13.5 - Mile Bike Course

Green = 3 - Mile Run Course

2012 Bike
Cue Sheet

Mile	Point
0.0	Exit Transition Area Down Swim Club Driveway
0.15	Right - Rte. 26/Liberty Road
1.45	Right - Rte. 27
6.30	Right - Nicodemus Road
7.90	Right - Salem Bottom Road
8.50	Right - Bloom Road
11.70	Left - Sam's Creek Road
12.20	Right - Salem Bottom Road
12.90	Right - Rte. 26/Liberty Road
13.35	Right - Swim Club Driveway
13.50	Arrive at Bike Dismount Area